

Zoe



Respect
& Reflect

Mindful Wisdom

We always make better **choices**,
when we listen to our **inner**
voices...

Do what you can to help others
along, learning what's **right** from
knowing what's wrong...

We all make mistakes and that's
okay, just learn to **forgive** and try
a new way!

Take three breaths, **clear** your
mind and make a decision that's
strong & kind!



Kaleidoscope me™
Awaken to your greatness!